

# DuO Adventure Series 2013/14

**RUN RIDE NAVIGATE**

**ENJOY THE CHALLENGE**



## 3<sup>rd</sup> Nov O'Donnelltown Newcastle Incorporating Round 6 of NSW MTBO Super Series

### DuO Entry only

\$25 member      \$28 non member

### MTBO Super Series only

\$15 member      \$20 non member

### Foot stage only (Enter on Day)

\$10 member      \$15 non member



**A combination of off road running and navigation with mountain bike orienteering stages included.**

**Starts:** All courses 9.00am to 10.30am

First Leg MTBO (SS Points)  
Second Leg Foot Line course  
with a score course.

As you complete the line course there are 1,2 and 3 point controls where you collect a set number of points.

Electronic controls

All you need is a bike, helmet and running gear!

*Courses to suit all levels of competitors with event duration from 30 minutes for novices and 2 to 4 hours for the average competitor.*

Entry via Eventor

<http://eventor.orienteering.asn.au/Events>

Visit our website

<http://onsw.asn.au/events/duo-adventure>

**When you are finished join us for a sausage sizzle and a drink.**



For course and entry details, visit the Eventor site.