The Newcastle Orienteering Club is proud to announce the inaugural Mountain Bike Orienteering Summer Series.

What is Mountain Bike Orienteering?

It's very similar to Foot Bush Orienteering except that you are of course riding your bike along tracks in the bush.

What type of events are they?

Each event will be a 75 minute score course, with controls worth 1, 2 or 3 points, just like the popular Summer Street Series Orienteering.

What skills do I need?

Basic off road riding skills are required. The tracks vary from good smooth dirt roads to small rough single tracks.

Go for a ride in Glenrock SRA to get some practise on similar tracks.

What equipment do I need?

An off-road bike in good working order and a standard bicycle safety helmet are compulsory.

A map board which attaches to your bike and keeps the map easily in view whilst riding is useful but not essential, a standard map bag can be used. Come along and see what others are using. It is pretty easy to make your own.

What are the Rules?

1. You must ride on mapped tracks or designated clear areas only. You are not allowed to make new tracks or take short cuts through the bush.
2. You and your bike must stay together at all times.
3. You must wear a helmet at all times before, during and after the event whilst on your bike.
4. You must obey normal road rules and ensure your bike is in safe working order.

How do I enter?

We intend to produce pre-printed maps, so pre-entry will be necessary. Keep a look out for the series brochure and Website for entry details.

Where and When?

Event	Date	Location
1	**Sunday 22nd November 2009**	**Hawkemount**
2	**Sunday 20th December 2009**	**Wallaroo**
3	**Sunday 17th January 2010**	**Killingworth**
4	**Sunday 21st February 2010**	**The Farm**
5	**Sunday 28th March 2010**	**Stanford Merthyr**

Contact Details

Bike Orienteering Summer Series
Andrew Haigh
4959 8840 (Home)
4907 3396 (Work)
boss@haigh.id.au

Newcastle Orienteering Club
Geoff Peel
49680977 (Home)
49411783 (Work)
newo@bigpond.com.au

Club Website
http://newcastle.nsw.orienteering.socialfx.net/